

Gesamtergebnisliste

Mainzer Dreibrückenlauf 2007 **Strecke** 7800

24.06.2007

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|------------------------------|-----------|-----------------|----------------|
| 1 | 595 | Chayriguet | Christophe | Team Wildwechsel | M2 | 00:26:33 | 1 |
| 2 | 611 | Skalsky | Martin | | M2 | 00:26:52 | 2 |
| 3 | 190 | Kümpel | Oliver | LG Rüsselsheim | M35 | 00:27:51 | 1 |
| 4 | 170 | Schäfer | Jörg | | M40 | 00:29:03 | 1 |
| 5 | 461 | Nüsing | Manfred | Wirtschaftsbetrieb Mainz | M40 | 00:29:31 | 2 |
| 6 | 556 | Dell | Nicolas | | M35 | 00:29:49 | 2 |
| 7 | 335 | Becker | Jörn | TSV Eintracht Stadtallendorf | M30 | 00:30:02 | 1 |
| 8 | 390 | Nowak | Thomas | | M35 | 00:30:23 | 3 |
| 9 | 433 | Fleischer | Thomas | 1.FSV Mainz 05 | M35 | 00:30:29 | 4 |
| 10 | 522 | Dillmann | Andreas | | M35 | 00:30:46 | 5 |
| 11 | 337 | Yilmaz | Ates | Sc Schornsheim | M35 | 00:31:07 | 6 |
| 12 | 232 | Leuow | Michael | | M50 | 00:31:12 | 1 |
| 13 | 99 | Mannack | Olaf | TV 03 Selzen | M40 | 00:31:15 | 3 |
| 14 | 160 | Klaproth | Christian | Villa Purzelbaum | M30 | 00:31:17 | 2 |
| 15 | 320 | Martens | Vera | Team Wildwechsel | W35 | 00:31:19 | 1 |
| 16 | 573 | Ehses | Stefan | | M50 | 00:31:40 | 2 |
| 17 | 68 | ARNEKE | ANDREAS | | M40 | 00:31:56 | 4 |
| 18 | 273 | Paukstat | Gerhard | | M7 | 00:31:58 | 1 |
| 19 | 282 | Conrad | Andreas | | M2 | 00:32:01 | 3 |
| 20 | 551 | Degenhardt | Dirk | | M35 | 00:32:11 | 7 |
| 21 | 585 | Böhlmann | Jens | | M40 | 00:32:20 | 5 |
| 22 | 317 | Knoerchen | Jürgen | TV Waldstrasse Wiesbaden | M40 | 00:32:23 | 6 |
| 23 | 491 | Hohmann | Michael | | M45 | 00:32:27 | 1 |
| 24 | 508 | Küster | Sven Rodne | | M35 | 00:32:29 | 8 |
| 25 | 6 | Fengel | Robert Wilh | | M2 | 00:32:32 | 4 |
| 26 | 188 | Abt | Christian | | M2 | 00:32:34 | 5 |
| 27 | 33 | Tiefenbach | Roger | | M35 | 00:32:37 | 9 |
| 28 | 441 | Renner | Vanessa | USC Mainz | W1 | 00:32:38 | 1 |
| 29 | 254 | Mühl | Martin | Antoniushaus | M19 | 00:32:41 | 1 |
| 30 | 572 | Völlinger | Manuel | | M2 | 00:32:47 | 6 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|--------------------------|-----------|-----------------|----------------|
| 31 | 285 | Gottwald | Markus | Mainzel Runners | M40 | 00:32:50 | 7 |
| 32 | 283 | Andress | Christian | | M35 | 00:32:57 | 10 |
| 33 | 313 | Weingärtner | Rainer | LRP Mainz | M45 | 00:32:58 | 2 |
| 34 | 279 | Schirmer | Rainer | LG Rüsselsheim | M40 | 00:33:01 | 8 |
| 35 | 180 | Racocha | Joachim | | M45 | 00:33:04 | 3 |
| 36 | 408 | Schattenberg | Jörn | | M30 | 00:33:07 | 3 |
| 37 | 288 | Menges | Lars | LG Rheinfront | M30 | 00:33:12 | 4 |
| 38 | 338 | Zerback | Thomas | IfP Uni-Mainz | M2 | 00:33:15 | 7 |
| 39 | 524 | Kessel | Lothar | TV 1848 Bodenheim | M50 | 00:33:20 | 3 |
| 40 | 346 | Ding | Matthias | FC Brücken | M35 | 00:33:21 | 11 |
| 41 | 256 | Krille | Ullrich | T.V.Sulzheim | M45 | 00:33:23 | 4 |
| 42 | 507 | Markus | Weber | | M40 | 00:33:27 | 9 |
| 43 | 581 | Linden | Michael | | M40 | 00:33:31 | 10 |
| 44 | 580 | Bernd | Hans-Dieter | | M50 | 00:33:37 | 4 |
| 45 | 71 | Fleckenstein | Christoph | | M30 | 00:33:41 | 5 |
| 46 | 121 | Vorbeck | Detlev | | M45 | 00:33:49 | 5 |
| 47 | 13 | Zahm | Stefan | | M30 | 00:33:50 | 6 |
| 48 | 96 | Lang | Winfried | Mainzel Runners | M50 | 00:33:54 | 5 |
| 49 | 48 | Knebel | Heiko | Wirtschaftsbetrieb Mainz | M35 | 00:33:55 | 12 |
| 50 | 488 | Meusinger | Reinhard | | M50 | 00:33:56 | 6 |
| 51 | 240 | Hagemann | Michael | | M35 | 00:33:57 | 13 |
| 52 | 429 | Leinweber | Ralf | Die Renttiere | M45 | 00:33:58 | 6 |
| 53 | 237 | Jung | Julian | TV Trebur | M14 | 00:33:59 | 1 |
| 54 | 238 | Jung | Achim | DLRG Rüsselsheim | M40 | 00:34:00 | 11 |
| 55 | 560 | Fischer | Angela | | W40 | 00:34:08 | 1 |
| 56 | 90 | Heier | Thomas | TV 1883 Bischofsheim | M30 | 00:34:10 | 7 |
| 57 | 242 | Warfolomeow | Michael | LRP Mainz | M40 | 00:34:23 | 12 |
| 58 | 590 | Metzl | Patrick | | M35 | 00:34:26 | 14 |
| 59 | 225 | Metzler | Frank | | M35 | 00:34:33 | 15 |
| 60 | 610 | Honik | Klaus | | M40 | 00:34:35 | 13 |
| 61 | 310 | Monteiro | Helder | Mainzel Runners | M30 | 00:34:37 | 8 |
| 62 | 537 | Weidert | Simon | | M2 | 00:34:42 | 8 |
| 63 | 124 | Korinski | Wolfgang | TUS Sörgenloch | M45 | 00:34:44 | 7 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|----------------------------|-----------|-----------------|----------------|
| 64 | 336 | Pöllinger | Michael | | | 00:34:47 | 5 |
| 65 | 444 | Lipani | Giuseppe | | M35 | 00:34:48 | 16 |
| 66 | 387 | Hölzl | Volker | TC Manta Mainz | M45 | 00:34:50 | 8 |
| 67 | 223 | Stieglitz | Rainer | ESV Mainz | M40 | 00:34:51 | 14 |
| 68 | 3 | Samol | Adrian | | M30 | 00:34:57 | 9 |
| 69 | 376 | Mey | Carsten | LG Großkarlbach-Tiefenthal | M30 | 00:34:58 | 10 |
| 70 | 4 | Schmidt | Alexander | Running Gag | M2 | 00:35:00 | 9 |
| 71 | 478 | Blees | Chris | Vitesse Mayence | M2 | 00:35:07 | 10 |
| 72 | 158 | Bossmann | Jochen | | M55 | 00:35:13 | 1 |
| 73 | 348 | Schuld | Yvonne | Marathonkatzen | W1 | 00:35:17 | 2 |
| 74 | 147 | Lohfink | Frank | Gutenberg Mainz | M40 | 00:35:19 | 15 |
| 75 | 127 | Heinemann | Steffen | ZDF-Sportgruppe | M40 | 00:35:20 | 16 |
| 76 | 117 | Vogel | Tim | ASC Theresianum | M15 | 00:35:22 | 1 |
| 77 | 608 | Lochhas | Klaus | | M35 | 00:35:25 | 17 |
| 78 | 295 | Bernstorff | Horst | TV 1848 Guntersbum | M55 | 00:35:26 | 2 |
| 79 | 253 | Jassner | Michael | TV Frauenstein | M40 | 00:35:26 | 17 |
| 80 | 52 | Zimmermann | Oliver | | M30 | 00:35:27 | 11 |
| 81 | 597 | Unmacht | Mike | | M40 | 00:35:28 | 18 |
| 82 | 492 | Vogt | Boris | | M35 | 00:35:29 | 18 |
| 83 | 574 | Binz | Marc | | M30 | 00:35:30 | 12 |
| 84 | 579 | Thres | Petra | | W35 | 00:35:31 | 2 |
| 85 | 105 | Frings | Nicole | | W30 | 00:35:32 | 1 |
| 86 | 257 | Sauer | Andreas | | M40 | 00:35:34 | 19 |
| 87 | 458 | Jahn | Patrick | | M2 | 00:35:35 | 11 |
| 88 | 434 | Mann | Gerhard | TSV Schott Mainz | M45 | 00:35:36 | 9 |
| 89 | 122 | Licht | Silvia | TV Trebur | W40 | 00:35:38 | 2 |
| 90 | 432 | Weiser | Craig | | M35 | 00:35:39 | 19 |
| 91 | 102 | Welberts | Mathias | SV Orbis | M2 | 00:35:40 | 12 |
| 92 | 204 | Bender | Klaus | | M45 | 00:35:42 | 10 |
| 93 | 437 | Pietschker | Patrick | | M17 | 00:35:43 | 1 |
| 94 | 450 | Duncan | David | | M50 | 00:35:46 | 7 |
| 95 | 490 | Ludwig | Jürgen | Michels Land Runners Stro | M35 | 00:35:51 | 20 |
| 96 | 185 | Damm | Alexander | | M30 | 00:35:53 | 13 |

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|--------------|--------------|-----------------|----------------|---------------------------|-----------|-----------------|----------------|
| 97 | 44 | Henn | Volker | | M45 | 00:35:54 | 11 |
| 98 | 323 | Lang | Simon | Physik Uni Mainz | M2 | 00:35:59 | 13 |
| 99 | 177 | Omerzu | Heike | | W35 | 00:36:07 | 3 |
| 100 | 352 | Aschenbrücker | Andreas | | M2 | 00:36:10 | 14 |
| 101 | 455 | Kümmel | Andreas | | M2 | 00:36:11 | 15 |
| 102 | 327 | Lewe | Burkhard | | M45 | 00:36:13 | 12 |
| 103 | 173 | Klünder | Klaus | TSG 1848 Heidesheim | M50 | 00:36:14 | 8 |
| 104 | 576 | Schlutz | Jürgen | | M2 | 00:36:20 | 16 |
| 105 | 208 | Romes | Dirk | | M2 | 00:36:22 | 17 |
| 106 | 275 | Gerigk | Uwe | TUS Nackenheim | M45 | 00:36:24 | 13 |
| 107 | 571 | Feller | Jochen | | M45 | 00:36:26 | 14 |
| 108 | 545 | Krehbühl | Rainer | | M45 | 00:36:31 | 15 |
| 109 | 29 | Vismann | Ulrich | | M35 | 00:36:35 | 21 |
| 110 | 342 | Klöss | Sascha | HLS_Trainingspartner.de | M30 | 00:36:36 | 14 |
| 111 | 499 | Wagner | Michael | LG Rheinfront | M30 | 00:36:37 | 15 |
| 112 | 493 | Kuhn | Patrick | | M2 | 00:36:38 | 18 |
| 113 | 146 | Marx | Wolfgang | TCEC Mainz | M2 | 00:36:39 | 19 |
| 114 | 463 | Reichert | Thomas | | M40 | 00:36:40 | 20 |
| 115 | 114 | Gutenberger | Torsten | | M35 | 00:36:42 | 22 |
| 116 | 415 | Bothe | Thomas | | M35 | 00:36:43 | 23 |
| 117 | 195 | Hartung | Harald | Weisenauer Ruderverein | M45 | 00:36:45 | 16 |
| 118 | 80 | Hammer | Harald | | M55 | 00:36:46 | 3 |
| 119 | 462 | Pätschke | Hans-Jürgen | Wirtschaftsbetrieb Mainz | M50 | 00:36:49 | 9 |
| 120 | 379 | Rieke | Michael | | M45 | 00:36:51 | 17 |
| 121 | 531 | Weilbach | Nadja | | W1 | 00:36:53 | 3 |
| 122 | 231 | Meyenburg | Walter | TV Hechtsheim | M50 | 00:36:54 | 10 |
| 123 | 247 | Raaß | Christian | | M30 | 00:36:55 | 16 |
| 124 | 259 | Parotat | Jörg | Greif Club | M40 | 00:36:56 | 21 |
| 125 | 370 | Stroh | Rainer | BSG Sparkasse Mainz | M45 | 00:37:02 | 18 |
| 126 | 169 | Vlatten | ingo | GO Mainz | M45 | 00:37:03 | 19 |
| 127 | 255 | Kloos | Thomas | TSG Mainz-Kastel 1846 e.V | M40 | 00:37:04 | 22 |
| 128 | 287 | Hausen | Esther | | W1 | 00:37:06 | 4 |
| 129 | 539 | Lindner | Jenny | Runners Point | | 00:37:08 | 1 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|--------------------------|-----------|-----------------|----------------|
| 130 | 89 | Waldmann | Katharina | | W1 | 00:37:10 | 5 |
| 131 | 189 | Lorenz-Meyer | Petra | TGM Budenheim | W35 | 00:37:11 | 4 |
| 132 | 414 | Bothe | Stefan | | M35 | 00:37:12 | 24 |
| 133 | 252 | Napierski | Helga | TuS Massenheim | W60 | 00:37:18 | 1 |
| 134 | 403 | Hochheimer | Patrick | TSG Eppstein | M45 | 00:37:19 | 20 |
| 135 | 559 | Fischer | Frank | Gonsenheim | M35 | 00:37:21 | 25 |
| 136 | 512 | Eleuterio | Rogério | | M50 | 00:37:23 | 11 |
| 137 | 398 | Fujara | Robert | | M2 | 00:37:24 | 20 |
| 138 | 562 | Leweke | Moritz | | M11 | 00:37:26 | 1 |
| 139 | 389 | OHNESORG | JÜRGEN | LAUFTREFF DARMSTAD | M45 | 00:37:32 | 21 |
| 140 | 263 | Kumbartzki | Heinz | | M40 | 00:37:34 | 23 |
| 141 | 359 | Schweizer | Anette | Mainzel Runners | W40 | 00:37:38 | 3 |
| 142 | 50 | Viandt | Philipp | | M13 | 00:37:39 | 1 |
| 143 | 250 | Wirz | Rainer | | M50 | 00:37:41 | 12 |
| 144 | 294 | Kolb | Bernhard | TSV Ginsheim-Gustavsburg | M45 | 00:37:44 | 22 |
| 145 | 543 | Klehn | Carina | | W35 | 00:37:46 | 5 |
| 146 | 175 | Giese | Manfred | | M50 | 00:37:49 | 13 |
| 147 | 374 | Noack | Sven | | M35 | 00:37:50 | 26 |
| 148 | 496 | Zimmer | Michael | | M30 | 00:37:51 | 17 |
| 149 | 367 | Mathes | Christopher | | M2 | 00:37:53 | 21 |
| 150 | 447 | Schmitt | Felix | | M2 | 00:37:54 | 22 |
| 151 | 530 | Blumenstein | Heinrich | Lauftreff Weiterstadt | M50 | 00:37:56 | 14 |
| 152 | 487 | Gebert | Kai | | M30 | 00:37:57 | 18 |
| 153 | 5 | Schöffel | Mike | | M2 | 00:37:59 | 23 |
| 154 | 483 | Boerger | Frank | | M35 | 00:38:00 | 27 |
| 155 | 74 | Sattinger | Edgar | | M2 | 00:38:01 | 24 |
| 156 | 584 | Dickel | Frank | | M35 | 00:38:13 | 28 |
| 157 | 351 | Schumacher | Manfred | | M50 | 00:38:16 | 15 |
| 158 | 28 | Stillger | Dieter | Ohne Verein | M50 | 00:38:20 | 16 |
| 159 | 47 | Hofmann | Christopher | SG Spiesheim | M40 | 00:38:21 | 24 |
| 160 | 284 | Schwertel | Johannes | | M30 | 00:38:24 | 19 |
| 161 | 586 | Maier | Gunter | | M35 | 00:38:25 | 29 |
| 162 | 191 | Gottwald | Thomas | | M40 | 00:38:26 | 25 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|---------------------------|-----------|-----------------|----------------|
| 163 | 315 | Heil | Uli | | M35 | 00:38:27 | 30 |
| 164 | 61 | Penz | Paul | | M40 | 00:38:28 | 26 |
| 165 | 413 | Molter | Stefan | SV Kirschroth | M45 | 00:38:34 | 23 |
| 166 | 164 | Asendorf | Frauke | | | 00:38:37 | 2 |
| 167 | 596 | Goergen | Hermann | | M45 | 00:38:40 | 24 |
| 168 | 182 | Dautermann | Rudi | SVW Mainz | M55 | 00:38:42 | 4 |
| 169 | 420 | Fuchs | Michael | | | 00:38:46 | 3 |
| 170 | 409 | Rutgers | Jan | | M40 | 00:38:47 | 27 |
| 171 | 533 | Strüder | Lukas | TG Kastel | M14 | 00:38:49 | 2 |
| 172 | 293 | Steppke | Lutz | | M40 | 00:38:51 | 28 |
| 173 | 64 | Pammer | Andreas | Laufgruppe Eisgrubbräu | M40 | 00:38:52 | 29 |
| 174 | 159 | Bruchhausen | Marco | | M40 | 00:38:54 | 30 |
| 175 | 119 | Schollmayer-Vog | Sabine | von-null-auf-42 | W40 | 00:38:56 | 4 |
| 176 | 219 | Thomas | Katja | TV Hechtsheim 1882 e.V. | W35 | 00:38:58 | 6 |
| 177 | 227 | Limper | Martin | | M35 | 00:38:59 | 31 |
| 178 | 194 | Hartung | Anne | | W40 | 00:39:00 | 5 |
| 179 | 549 | Starck | Markus | | M50 | 00:39:02 | 17 |
| 180 | 319 | Kuhn | Michael | TVKostheim1877 | M35 | 00:39:03 | 32 |
| 181 | 79 | Krambs | Gunter | Rennschnecken Siefersheim | M45 | 00:39:05 | 25 |
| 182 | 76 | Peter | Gillig | | M50 | 00:39:10 | 18 |
| 183 | 2 | Helbig | Christian | | M35 | 00:39:12 | 33 |
| 184 | 365 | Wörner | Friederike | TV Hechsheim | W16 | 00:39:14 | 1 |
| 185 | 163 | Harloff | Paul | | | 00:39:15 | 1 |
| 186 | 309 | lippe | sven | ----- | M2 | 00:39:16 | 25 |
| 187 | 436 | unbekannt | bitte per ema | | | 00:39:18 | 6 |
| 188 | 30 | Keller | Alexander | Freibad Hauenstein | | 00:39:20 | 7 |
| 189 | 276 | Abel | Jörg | | M30 | 00:39:22 | 20 |
| 190 | 554 | Elsner | Oliver Claud | | M40 | 00:39:23 | 31 |
| 191 | 143 | Martin-Beyer | Wolfgang | RaMa Mainz | M60 | 00:39:24 | 1 |
| 192 | 138 | Böhmer | Herbert | | M50 | 00:39:26 | 19 |
| 193 | 598 | Renn | Mareen | | W1 | 00:39:27 | 6 |
| 194 | 501 | Kreis | Hans-Jürgen | Mombacher Sandläufer | M55 | 00:39:28 | 5 |
| 195 | 95 | Reinert | Kurt | TS Kiedrich | M70 | 00:39:30 | 1 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|---------------------------|-----------|-----------------|----------------|
| 196 | 464 | Jeglinger | Karl-Heinz | Wirtschaftsbetrieb Mainz | M55 | 00:39:31 | 6 |
| 197 | 386 | Herte | Jürgen | TV 08 Dienheim | M35 | 00:39:33 | 34 |
| 198 | 300 | Abel | Inga | | W1 | 00:39:37 | 7 |
| 199 | 404 | Tietz | Jürgen | | M40 | 00:39:39 | 32 |
| 200 | 394 | Bleser | Wolfgang | | M50 | 00:39:41 | 20 |
| 201 | 393 | Köhler | Wilfried | TV Hechtsheim 1882 e.V. | M55 | 00:39:42 | 7 |
| 202 | 115 | Scheller | Veit | | M40 | 00:39:44 | 33 |
| 203 | 366 | Hollmann | Stephan | TV Kostheim | M2 | 00:39:50 | 26 |
| 204 | 502 | Asgari | Fataneh | | W40 | 00:39:52 | 6 |
| 205 | 108 | Brückner | Peter | | M55 | 00:39:53 | 8 |
| 206 | 448 | Bohn | Peter | Wirtschaftsbetrieb Mainz | M45 | 00:39:54 | 26 |
| 207 | 339 | Harloff | Anton | | M10 | 00:39:55 | 1 |
| 208 | 517 | Richter | Kathrin | | W1 | 00:39:58 | 8 |
| 209 | 481 | Gerts | Anna-Lena | | W1 | 00:40:00 | 9 |
| 210 | 535 | Steuer | Richard | | M2 | 00:40:01 | 27 |
| 211 | 526 | Wolfe | Ralf | | M45 | 00:40:03 | 27 |
| 212 | 192 | Dahmen | Werner | TSV Zornheim | M55 | 00:40:04 | 9 |
| 213 | 202 | KOSSOK | Peter | Mombacher Turnverein 186 | M65 | 00:40:07 | 1 |
| 214 | 267 | Tinnacher | Tobias | | M2 | 00:40:08 | 28 |
| 215 | 229 | Ulrich | Andreas | Alzeyer Lauftreff | M40 | 00:40:10 | 34 |
| 216 | 228 | Sabock-Ulrich | Regina | Alzeyer Lauftreff | W40 | 00:40:12 | 7 |
| 217 | 594 | Mann | Gerhard | | M60 | 00:40:19 | 2 |
| 218 | 343 | schneider | wolf | | M45 | 00:40:25 | 28 |
| 219 | 489 | Hartung | Adam | Michels Land Runners Stro | M40 | 00:40:27 | 35 |
| 220 | 453 | Simon | Andreas | | M35 | 00:40:32 | 35 |
| 221 | 140 | Völlmar | Oliver | SSG Lödingsen | M30 | 00:40:37 | 21 |
| 222 | 341 | Worobiec | Leonie | | | 00:40:38 | 4 |
| 223 | 326 | Kuprat | Roland | www.runningexperience.de | M40 | 00:40:42 | 36 |
| 224 | 388 | Heuckeroth | Birgitt | | W40 | 00:40:43 | 8 |
| 225 | 599 | Victor | Thomas | | M35 | 00:40:47 | 36 |
| 226 | 145 | Müller | Konstantin | | M40 | 00:40:51 | 37 |
| 227 | 166 | Hofmann | Ilona Maria | ohne | W45 | 00:41:00 | 1 |
| 228 | 304 | Schwolow | Sonja | | W1 | 00:41:02 | 10 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|--------------------------|-----------|-----------------|----------------|
| 229 | 484 | Sonnenkalb | Jutta | | W40 | 00:41:03 | 9 |
| 230 | 345 | Lautenschläger | Harald | | M40 | 00:41:05 | 38 |
| 231 | 199 | Hoffman | Johannes | TV Hechtsheim 1882 e.V. | M45 | 00:41:06 | 29 |
| 232 | 14 | Beck | Klaus | | M60 | 00:41:09 | 3 |
| 233 | 78 | Dr. Goossens | Gerhard | VCG | M50 | 00:41:10 | 21 |
| 234 | 371 | Thielen | Carlo | | M60 | 00:41:11 | 4 |
| 235 | 311 | Monteiro | Antonio | Academica Coimbra | M55 | 00:41:14 | 10 |
| 236 | 353 | Stoll | Wolfgang | | M30 | 00:41:17 | 22 |
| 237 | 314 | Kauck | Harald | SG Arheilgen Sportkegeln | M50 | 00:41:25 | 22 |
| 238 | 249 | Evers | Martin | | M50 | 00:41:32 | 23 |
| 239 | 36 | Hein | Klaus | | M55 | 00:41:34 | 11 |
| 240 | 171 | Kerz | Marcus | | M40 | 00:41:36 | 39 |
| 241 | 258 | Schneider | Franzpeter | | M50 | 00:41:37 | 24 |
| 242 | 569 | Römheld | Dieter | | M60 | 00:41:38 | 5 |
| 243 | 186 | Hill | Jürgen | TV-Gau-Odernheim | M40 | 00:41:39 | 40 |
| 244 | 280 | Schirmer | Karin | SC Bauschheim | W40 | 00:41:41 | 10 |
| 245 | 570 | Hochhaus | Stefhanie | | W45 | 00:41:42 | 2 |
| 246 | 332 | Buddenkotte | Ludger | | M40 | 00:41:45 | 41 |
| 247 | 329 | David | Cornelia | | W30 | 00:41:46 | 2 |
| 248 | 181 | Reißer | Ralf | DG VERLAG | M40 | 00:41:48 | 42 |
| 249 | 382 | Nauheimer | Georg | | M11 | 00:41:49 | 2 |
| 250 | 407 | Hollmann | Heinz-Jürge | | M50 | 00:41:51 | 25 |
| 251 | 271 | Wernicke | Kerstin | | W40 | 00:41:55 | 11 |
| 252 | 601 | Osadnik | Renate | | W40 | 00:41:58 | 12 |
| 253 | 528 | Hartmann | Stefan | Rumpler Regensburg | M40 | 00:42:02 | 43 |
| 254 | 318 | Hickel | Dorothee | | W1 | 00:42:03 | 11 |
| 255 | 120 | Pullig | Volker | | M60 | 00:42:04 | 6 |
| 256 | 358 | Rüttiger | Heike | Mainzel Runners | W35 | 00:42:09 | 7 |
| 257 | 239 | Weitzel | Peter | Fitpoint | M40 | 00:42:11 | 44 |
| 258 | 136 | Schneider | Silvia | | W30 | 00:42:12 | 3 |
| 259 | 558 | Holzerland | Wolfgang | | M50 | 00:42:14 | 26 |
| 260 | 500 | Schmidt | Heinz Bert | CL Wiesbaden | M50 | 00:42:16 | 27 |
| 261 | 485 | Braunshausen | Susanne | TSG | W30 | 00:42:17 | 4 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|----------------------------|-----------|-----------------|----------------|
| 262 | 521 | Hack | Thomas | Freunde des Mainzer Microt | M40 | 00:42:23 | 45 |
| 263 | 139 | Vicente Vilas | Víctor | | M2 | 00:42:26 | 29 |
| 264 | 92 | Dr. Kleemann | Elke | | W30 | 00:42:31 | 5 |
| 265 | 203 | Makulla | Joerg | | M40 | 00:42:33 | 46 |
| 266 | 209 | Fertig | Ralf | | M30 | 00:42:35 | 23 |
| 267 | 37 | Blaume | Dominic | Laufgruppe Eisgrubbräu | M17 | 00:42:36 | 2 |
| 268 | 216 | Roßel | Steffi | Mainzelrunners | W40 | 00:42:44 | 13 |
| 269 | 97 | Leymann-Zander | Antje | | W40 | 00:42:52 | 14 |
| 270 | 334 | Schwarz | Axel | | M40 | 00:42:55 | 47 |
| 271 | 157 | Klasen | Richard | | M45 | 00:42:56 | 30 |
| 272 | 405 | Beck | Roman | | M40 | 00:42:57 | 48 |
| 273 | 567 | Riedel | Alfred | | M55 | 00:42:58 | 12 |
| 274 | 509 | Schmidt | Volker | | M35 | 00:42:59 | 37 |
| 275 | 568 | Pirner | Maximilian | | M16 | 00:43:01 | 1 |
| 276 | 212 | Muelenz | Cornelius | | M2 | 00:43:06 | 30 |
| 277 | 532 | Strüder | Alfred | TG Kastel | M50 | 00:43:07 | 28 |
| 278 | 18 | Ebert | Petra | | W45 | 00:43:09 | 3 |
| 279 | 38 | Frank | Benno | Laufgruppe Eisgrubbräu | M45 | 00:43:10 | 31 |
| 280 | 400 | Schlemmer | Diethelm | | M60 | 00:43:11 | 7 |
| 281 | 399 | Schlemmer | Petra | | W35 | 00:43:14 | 8 |
| 282 | 401 | Thiel | Änne | | W50 | 00:43:15 | 1 |
| 283 | 217 | Marchlewitz | Anke | TV Hechtsheim 1882 e.V. | W35 | 00:43:16 | 9 |
| 284 | 133 | Geissinger | Jan | ZDF | M30 | 00:43:17 | 24 |
| 285 | 360 | Schweizer | Joachim | Mainzel Runners | M50 | 00:43:18 | 29 |
| 286 | 593 | Christ | Rainer | | M50 | 00:43:19 | 30 |
| 287 | 43 | Bourgeon | Camilla | | | 00:43:23 | 5 |
| 288 | 417 | Silbersdorf | Günter | | M55 | 00:43:24 | 13 |
| 289 | 179 | Pirner | Peter | Dream Runnies | M45 | 00:43:26 | 32 |
| 290 | 357 | Taubenreuther | Sandra | | W35 | 00:43:27 | 10 |
| 291 | 431 | Lindinger | Manfred | | M45 | 00:43:28 | 33 |
| 292 | 316 | Giesel | Karin | | W45 | 00:43:30 | 4 |
| 293 | 100 | Blüm | Michael | | M35 | 00:43:31 | 38 |
| 294 | 303 | Kircher | Peter | Schlesiertreff | M60 | 00:43:34 | 8 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|-------------------------|-----------|-----------------|----------------|
| 295 | 45 | Köthe | Stefan | | M30 | 00:43:35 | 25 |
| 296 | 130 | Mann | Claudia | | W45 | 00:43:37 | 5 |
| 297 | 218 | Ackermann | Fritz | TV Hechtsheim 1882 e.V. | M70 | 00:43:41 | 2 |
| 298 | 467 | Haberberger | Maria | MainzelRunners | W45 | 00:43:42 | 6 |
| 299 | 468 | Dr. Haberberger | Frank | MainzelRunners | M40 | 00:43:43 | 49 |
| 300 | 443 | Mehler | Katja | Mombacher Turnverein | W45 | 00:43:45 | 7 |
| 301 | 538 | Mensah | Daniel | Runners Point | | 00:43:46 | 8 |
| 302 | 430 | Schmitt | Nicole | Vorwärts Orient Mainz | W35 | 00:43:47 | 11 |
| 303 | 165 | Hofmann | Claus Peter | ohne | M45 | 00:43:49 | 34 |
| 304 | 131 | Mann | Winfried | | M50 | 00:43:51 | 31 |
| 305 | 607 | Becker | Christoph | | M40 | 00:43:52 | 50 |
| 306 | 328 | Schmitt | Traudel | TV-Igstadt | W45 | 00:43:56 | 8 |
| 307 | 613 | Kalbfuss | Werner | SC 1962 Hahnheim e.V. | M55 | 00:43:57 | 14 |
| 308 | 183 | Rudolphi | Ingolf | | M40 | 00:44:02 | 51 |
| 309 | 214 | Frischmann | Margot | | W45 | 00:44:06 | 9 |
| 310 | 213 | böhmer | werner | | M45 | 00:44:07 | 35 |
| 311 | 442 | Lang | Julian | | M10 | 00:44:16 | 2 |
| 312 | 340 | Harloff | Patrick | KfH Nierenzentrum e.V. | M40 | 00:44:17 | 52 |
| 313 | 529 | Fox | Vanessa | RV 1912 Saulheim | W17 | 00:44:20 | 1 |
| 314 | 372 | Simon | Katja | - | W35 | 00:44:29 | 12 |
| 315 | 547 | Annunziati | Allesandro | | M2 | 00:44:32 | 31 |
| 316 | 548 | Cirillo | Ciro | | M2 | 00:44:33 | 32 |
| 317 | 546 | Rondinelli | Enzo | | M2 | 00:44:34 | 33 |
| 318 | 73 | Dreibus | Alexandra | | W30 | 00:44:35 | 6 |
| 319 | 552 | Scheibli | Andreas | | M40 | 00:44:36 | 53 |
| 320 | 67 | Waldschmidt | Andreas | | M40 | 00:44:37 | 54 |
| 321 | 472 | Castricum | Jamie | | W1 | 00:44:39 | 12 |
| 322 | 402 | Gerhard | Michael | | M45 | 00:44:42 | 36 |
| 323 | 197 | Nungesser | Bernd | | M50 | 00:44:45 | 32 |
| 324 | 49 | Viandt | Mathias | | M40 | 00:44:47 | 55 |
| 325 | 470 | Egenolf | Christina | | W1 | 00:44:48 | 13 |
| 326 | 10 | Dewald | Sabine | | W40 | 00:44:49 | 15 |
| 327 | 307 | Ehrenberg | Roland | | M2 | 00:44:50 | 34 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|-------------------------|-----------|-----------------|----------------|
| 328 | 471 | Böttcher | Sebastian | | M2 | 00:44:51 | 35 |
| 329 | 474 | Wojtyniak | Martin | | M50 | 00:44:52 | 33 |
| 330 | 21 | Boor | Rainer | | M45 | 00:44:54 | 37 |
| 331 | 94 | Krüger | Harald | Mainzer Ranzengarde | M55 | 00:44:55 | 15 |
| 332 | 65 | Sudrow | Andreas | | M2 | 00:45:01 | 36 |
| 333 | 479 | Weigand | Claudia | | W1 | 00:45:03 | 14 |
| 334 | 486 | Verweyen | Lena | | W1 | 00:45:05 | 15 |
| 335 | 321 | Gündüz | Mehmet Fati | | M40 | 00:45:06 | 56 |
| 336 | 243 | Bernhard | Anja | ZDF-Sportgruppe | W40 | 00:45:11 | 16 |
| 337 | 475 | Wojtyniak | Isolde | | W40 | 00:45:16 | 17 |
| 338 | 362 | Degener | Holger | | M30 | 00:45:17 | 26 |
| 339 | 42 | Goldbach | Achim | | M50 | 00:45:20 | 34 |
| 340 | 426 | Hilka | Cornelia | | W45 | 00:45:21 | 10 |
| 341 | 207 | Hoffmann | Dietmar | | M45 | 00:45:24 | 38 |
| 342 | 305 | Reichmann | Andrea | TuS Massenheim | W45 | 00:45:25 | 11 |
| 343 | 375 | Hausotter | Jörg | Die weißen Kenianer | M40 | 00:45:29 | 57 |
| 344 | 392 | Dorn | Wolfgang | | M45 | 00:45:34 | 39 |
| 345 | 331 | Leicht | Maren | | W1 | 00:45:35 | 16 |
| 346 | 330 | Benetka | Christian | | M30 | 00:45:37 | 27 |
| 347 | 373 | Dahlhausen | Jens | Team Altstadtcafe Mainz | M50 | 00:45:39 | 35 |
| 348 | 39 | Kordyka | Nicole | | W35 | 00:45:40 | 13 |
| 349 | 151 | Granados | Jose | | M40 | 00:45:42 | 58 |
| 350 | 566 | Kiltz | Georg | | M70 | 00:45:47 | 3 |
| 351 | 296 | Berg | Peter | Mombacher Sandläufer | M40 | 00:45:50 | 59 |
| 352 | 301 | Schwenzer | Sonja | | W35 | 00:45:52 | 14 |
| 353 | 609 | Sturm | Holger | | M50 | 00:45:58 | 36 |
| 354 | 416 | Leusing | Andre | | M40 | 00:46:02 | 60 |
| 355 | 91 | Kessel | Werner | | M50 | 00:46:05 | 37 |
| 356 | 126 | Gaukler | Denis | | M2 | 00:46:07 | 37 |
| 357 | 583 | Egner | Herbert | | M50 | 00:46:09 | 38 |
| 358 | 98 | Ohler | Michael | Villa Purzelbaum | M35 | 00:46:12 | 39 |
| 359 | 235 | Teichmann | Evi | TV Gustavsburg | W40 | 00:46:15 | 18 |
| 360 | 482 | Boerger | Andrea | TSG | W35 | 00:46:16 | 15 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|----------------------|-----------|-----------------|----------------|
| 361 | 377 | Knodel | Henrik | BWL GmbH | M40 | 00:46:17 | 61 |
| 362 | 577 | Ledroit | Bardo | | M55 | 00:46:18 | 16 |
| 363 | 59 | Horndasch | Barbara | TUS Gau-Bischofsheim | W1 | 00:46:20 | 17 |
| 364 | 51 | Wudi-Viandt | Helga | | W40 | 00:46:25 | 19 |
| 365 | 12 | Herwig | Peter | | M45 | 00:46:33 | 40 |
| 366 | 378 | Kaufmann | Michael | WK Kaufmann | M45 | 00:46:34 | 41 |
| 367 | 582 | Schwer | Maria | | W50 | 00:46:36 | 2 |
| 368 | 456 | Schmid | Mirijam | | W1 | 00:46:37 | 18 |
| 369 | 550 | Starck | Jürgen | 19 | M55 | 00:46:39 | 17 |
| 370 | 361 | Siegfried | Elvira | TSV Besse | W40 | 00:46:40 | 20 |
| 371 | 591 | Lenssen | Margrit | | W50 | 00:46:41 | 3 |
| 372 | 592 | Lenssen | Andreas | | M50 | 00:46:43 | 39 |
| 373 | 58 | Haubrock | Reinhard | | M50 | 00:46:44 | 40 |
| 374 | 555 | Schaab | Friederike | | W1 | 00:46:47 | 19 |
| 375 | 8 | Heitz | Wolfgang | Fit-over-50 | M50 | 00:46:49 | 41 |
| 376 | 438 | Tung | Alexander S. | | M40 | 00:46:50 | 62 |
| 377 | 84 | Bayer | Jana | | W15 | 00:46:55 | 1 |
| 378 | 518 | Stölzgen | Karsten | | M30 | 00:46:56 | 28 |
| 379 | 142 | Wegner | Annette | | W35 | 00:46:57 | 16 |
| 380 | 575 | Ackermann | Riggobert | | M40 | 00:46:58 | 63 |
| 381 | 606 | Decker | Harald | | M30 | 00:47:00 | 29 |
| 382 | 60 | Penz | Angela | | W40 | 00:47:01 | 21 |
| 383 | 565 | Werner | Thomas | | M35 | 00:47:03 | 40 |
| 384 | 41 | Albrecht | Ulrike | | W55 | 00:47:04 | 1 |
| 385 | 264 | Jungmann | Kurt | TSV Ginsheim | M55 | 00:47:05 | 18 |
| 386 | 87 | Klein | Astrid | TV Hechtsheim | M45 | 00:47:06 | 42 |
| 387 | 265 | Jungmann | Monika | TSV Ginsheim | W50 | 00:47:07 | 4 |
| 388 | 236 | Braun | Heiko | | M30 | 00:47:08 | 30 |
| 389 | 333 | Interlandi | Ute | | W40 | 00:47:11 | 22 |
| 390 | 494 | Winter | Christian | | M2 | 00:47:12 | 38 |
| 391 | 446 | Leukel | Stefanie | | W1 | 00:47:13 | 20 |
| 392 | 406 | Beck | Karin | | W40 | 00:47:15 | 23 |
| 393 | 184 | Kling | Karolin | | W16 | 00:47:16 | 2 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|--------------------------|-----------|-----------------|----------------|
| 394 | 553 | Scholl | Katie | | W1 | 00:47:17 | 21 |
| 395 | 363 | Appolloni | Annette | | W45 | 00:47:20 | 12 |
| 396 | 281 | Planz | Claudia | | W35 | 00:47:30 | 17 |
| 397 | 350 | Erbeldinger | Ulrike | Team Altstadt Cafe Mainz | W50 | 00:47:33 | 5 |
| 398 | 88 | Grimm | Karl-Heinz | Team Altstadtcafé Main z | M60 | 00:47:34 | 9 |
| 399 | 248 | Evers | Sanem | | W45 | 00:47:42 | 13 |
| 400 | 125 | Gaukler | Heidi | | W50 | 00:47:44 | 6 |
| 401 | 83 | flohr | gerold | tsg heidesheim | M50 | 00:47:45 | 42 |
| 402 | 298 | Metawi | Theresa | Altstadt Cafe | W45 | 00:47:48 | 14 |
| 403 | 506 | Burkhardt | Boris | | M2 | 00:47:49 | 39 |
| 404 | 206 | Franchi | Christian | | M2 | 00:47:51 | 40 |
| 405 | 15 | Reithmann | Lisa | Team Altstadt Café Mainz | W1 | 00:47:52 | 22 |
| 406 | 302 | Kaprowicz | Patricia | | | 00:47:54 | 6 |
| 407 | 291 | Best | Dominik | | M16 | 00:48:03 | 2 |
| 408 | 205 | Franchi | Laetitia | | W30 | 00:48:06 | 7 |
| 409 | 75 | Schopper | Georg | Team Altstadt Cafe | M45 | 00:48:16 | 43 |
| 410 | 62 | Knoob | Frank | bedingungslos 1900 | M40 | 00:48:23 | 64 |
| 411 | 614 | | | | | 00:48:28 | 2 |
| 412 | 423 | Dupke | Erna | | W50 | 00:48:36 | 7 |
| 413 | 422 | Lüdemann | Otto | | M50 | 00:48:37 | 43 |
| 414 | 63 | Rheingans | Thomas | | M40 | 00:48:38 | 65 |
| 415 | 411 | Reuter | Norbert | | M55 | 00:48:41 | 19 |
| 416 | 106 | Best | Patrick | | M2 | 00:48:43 | 41 |
| 417 | 168 | Hunke | Andreas | | | 00:48:45 | 9 |
| 418 | 230 | Röder | Christine | Team Altstadtcafe Mainz | W30 | 00:48:47 | 8 |
| 419 | 82 | flohr | inge | tsg heidesheim | W45 | 00:48:48 | 15 |
| 420 | 161 | Deister | Maria | | W45 | 00:48:50 | 16 |
| 421 | 428 | Kiene | Gabriele | | W45 | 00:48:52 | 17 |
| 422 | 162 | Schulz | Detlef | TV Hechtsheim | M45 | 00:48:55 | 44 |
| 423 | 187 | Hollarek | Torsten | | | 00:48:58 | 10 |
| 424 | 368 | Bock | Anke | ----- | W30 | 00:49:00 | 9 |
| 425 | 466 | Pfeuffer | Mareike | | W30 | 00:49:04 | 10 |
| 426 | 178 | Spielmann | Michael | | M45 | 00:49:07 | 45 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|--------------------------|-----------|-----------------|----------------|
| 427 | 449 | Roder | Michael | | M50 | 00:49:11 | 44 |
| 428 | 324 | Wallner | Hans | ohne | M45 | 00:49:14 | 46 |
| 429 | 364 | Mayer | Elgin | TV-Klein-Winternheim | W50 | 00:49:28 | 8 |
| 430 | 56 | Portugall | Melanie | | W30 | 00:49:31 | 11 |
| 431 | 224 | zendel | stefanie | | W40 | 00:49:33 | 24 |
| 432 | 101 | Neumüller | Otto | | M70 | 00:49:35 | 4 |
| 433 | 612 | Dilg | Iris | | W45 | 00:49:36 | 18 |
| 434 | 77 | Goldschmitt | Christian | | M2 | 00:49:38 | 42 |
| 435 | 424 | Lang | Michael | MRG | M40 | 00:49:39 | 66 |
| 436 | 427 | Lehner | Miriam | MRG | W30 | 00:49:41 | 12 |
| 437 | 292 | Best | Marcel | | M2 | 00:49:42 | 43 |
| 438 | 262 | Parotat | Leonie | | W11 | 00:49:44 | 1 |
| 439 | 261 | Parotat | Jamie-Lee | | W8 | 00:49:45 | 1 |
| 440 | 354 | Salisch | Janna | | W30 | 00:49:47 | 13 |
| 441 | 523 | Lang | Margret | | W50 | 00:49:48 | 9 |
| 442 | 505 | Slagenweit | Robert | CL Wiesbaden | M2 | 00:49:58 | 44 |
| 443 | 355 | Meyrhofer | Uwe | | M45 | 00:50:00 | 47 |
| 444 | 516 | Langenfeld | Thomas | | M45 | 00:50:05 | 48 |
| 445 | 397 | Gombert | Chantal | | W1 | 00:50:07 | 23 |
| 446 | 396 | Lipowsky | Eva | | W1 | 00:50:09 | 24 |
| 447 | 473 | Winter | Sarah | | W1 | 00:50:10 | 25 |
| 448 | 174 | Krick | Bernd | | M40 | 00:50:11 | 67 |
| 449 | 57 | Portugall | Elvira | | W55 | 00:50:14 | 2 |
| 450 | 156 | Fronia | Stephanie | | W35 | 00:50:17 | 18 |
| 451 | 410 | Hammouti | Nasera | | | 00:50:20 | 7 |
| 452 | 477 | Wenzel | Mike | TV Laubenheim 1883 e. V. | M30 | 00:50:22 | 31 |
| 453 | 476 | Wenzel | Christine | TV Laubenheim 1883 e.V. | W1 | 00:50:24 | 26 |
| 454 | 144 | Resch | Julia | | W1 | 00:50:26 | 27 |
| 455 | 32 | Seimetz | Martin | | M2 | 00:50:27 | 45 |
| 456 | 519 | Hennig | Anna | | W30 | 00:50:29 | 14 |
| 457 | 46 | Berens | Dana | | W1 | 00:50:31 | 28 |
| 458 | 1 | Moric | Nina | | W1 | 00:50:33 | 29 |
| 459 | 325 | Lindroth | Liane | | W40 | 00:50:35 | 25 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|-----------------------------|-----------|-----------------|----------------|
| 460 | 111 | salameh | mahmud | | M40 | 00:50:42 | 68 |
| 461 | 349 | Steindl | Heike | SC Motti | W35 | 00:50:44 | 19 |
| 462 | 541 | Sommerfeld | Sara | | W35 | 00:50:59 | 20 |
| 463 | 141 | Badusche | Walter | TV Klein-Winternheim | M60 | 00:51:02 | 10 |
| 464 | 9 | Helm-Heitz | Rita | Fit-over-40 | W45 | 00:51:04 | 19 |
| 465 | 20 | Ivo-Boor | Helge | | W45 | 00:51:06 | 20 |
| 466 | 154 | Kleinz | Dagmar | 1.FC Nackenheim | W50 | 00:51:07 | 10 |
| 467 | 16 | Schilling | Marion | | W35 | 00:51:09 | 21 |
| 468 | 176 | Kirstein | Olivia | | W30 | 00:51:11 | 15 |
| 469 | 27 | Strnisha | Walter | Gesundheit für Alle | M65 | 00:51:14 | 2 |
| 470 | 23 | Vietze | Michael | Kerbeverein Bischofsheim e. | M35 | 00:51:16 | 41 |
| 471 | 24 | Thon-Vietze | Nadja | Kerbeverein Bischofsheim e. | W40 | 00:51:18 | 26 |
| 472 | 299 | Külzer | Bernhard | 1. FSV Mainz 05 | M45 | 00:51:42 | 49 |
| 473 | 544 | Blomenkamp | Susanne | | W45 | 00:51:49 | 21 |
| 474 | 289 | Weitzel | Caroline | | W35 | 00:51:59 | 22 |
| 475 | 513 | Frohnapfel | Monika | | W1 | 00:52:00 | 30 |
| 476 | 457 | Knieriemen | Katharina | | W1 | 00:52:02 | 31 |
| 477 | 480 | Efa | Alexander | | M2 | 00:52:14 | 46 |
| 478 | 210 | Ruckert | Jeremie | | M2 | 00:52:16 | 47 |
| 479 | 211 | Werner | Carolin | | W1 | 00:52:18 | 32 |
| 480 | 700 | Pietsch | Antonie | | W40 | 00:52:37 | 27 |
| 481 | 72 | Cloot | Claudia | | W45 | 00:52:41 | 22 |
| 482 | 128 | Mauer | Annerose | | W45 | 00:52:49 | 23 |
| 483 | 129 | Boss | Martin | | M45 | 00:52:51 | 50 |
| 484 | 54 | Drobnik | Stefanie | | W30 | 00:52:55 | 16 |
| 485 | 53 | Gehb | Iris | | W30 | 00:52:56 | 17 |
| 486 | 578 | Von Hausen | Artjam | | M9 | 00:52:58 | 1 |
| 487 | 435 | Vonhausen | Karl-Lutz | Kanu-Verein Ginsheim | M45 | 00:53:00 | 51 |
| 488 | 600 | Müller | Anita | | W40 | 00:53:13 | 28 |
| 489 | 222 | Bohn | Novalin | | W30 | 00:53:18 | 18 |
| 490 | 221 | Kraffer | Norbert | | M40 | 00:53:20 | 69 |
| 491 | 81 | Gerlach | Sandra | - | W1 | 00:53:21 | 33 |
| 492 | 510 | Voßkühler | Rotraut | Mombacher Sandläufer | W55 | 00:53:23 | 3 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|-------------------|-----------|-----------------|----------------|
| 493 | 260 | Parotat | Kathryn | | W40 | 00:53:27 | 29 |
| 494 | 451 | Schenker | Regula | | W45 | 00:53:51 | 24 |
| 495 | 514 | Peitz | Jürgen | | M40 | 00:54:02 | 70 |
| 496 | 469 | Riepert | Thomas | Rechtsmedizin | M50 | 00:54:06 | 45 |
| 497 | 297 | Becker | Jürgen | | M60 | 00:54:08 | 11 |
| 498 | 384 | Junge | Dirk | | M35 | 00:54:11 | 42 |
| 499 | 385 | Scherer | Tanja | | W35 | 00:54:13 | 23 |
| 500 | 383 | Weinberger | Ralf | | M40 | 00:54:15 | 71 |
| 501 | 439 | Schickert | Thomas | SIX HORSES KILLED | M40 | 00:54:34 | 72 |
| 502 | 511 | Schickert | Andreas | SIX HORSES KILLED | M40 | 00:54:36 | 73 |
| 503 | 445 | Hummel | Andreas | Six Horses Killed | M40 | 00:54:38 | 74 |
| 504 | 587 | Ahlers | Nadine | | W1 | 00:54:46 | 34 |
| 505 | 557 | Fischer | Steven | | M10 | 00:54:50 | 3 |
| 506 | 244 | Thomas | Ise | | | 00:54:55 | 3 |
| 507 | 245 | Fuhr | Monika | | | 00:54:57 | 4 |
| 508 | 564 | Rapp | Willi | | M70 | 00:55:00 | 5 |
| 509 | 35 | Lutz | Petra | Kein | W45 | 00:55:02 | 25 |
| 510 | 381 | Brinkmeier | Nina | | W1 | 00:55:04 | 35 |
| 511 | 85 | Biwer | Gabriele | TV Hechtsheim | W45 | 00:55:13 | 26 |
| 512 | 86 | Biwer | Josef | TV Hechtsheim | M50 | 00:55:15 | 46 |
| 513 | 150 | Rohmer | Birgit | | W40 | 00:55:18 | 30 |
| 514 | 272 | Kemmerling | Annette | | W35 | 00:55:25 | 24 |
| 515 | 454 | Rohling | Melanie | | W30 | 00:55:32 | 19 |
| 516 | 419 | Almeida | Solange | | W1 | 00:55:37 | 36 |
| 517 | 69 | Christ | Gerhard | | M45 | 00:55:50 | 52 |
| 518 | 123 | wahlmann | eva | privat | W50 | 00:55:56 | 11 |
| 519 | 234 | Degen | Inge | | W45 | 00:56:54 | 27 |
| 520 | 107 | Lang | Claudia | TSV Zornheim | W55 | 00:58:07 | 4 |
| 521 | 134 | Sutor | Peter | | M45 | 00:58:10 | 53 |
| 522 | 563 | Leweke | Johanna | | W8 | 00:58:49 | 2 |
| 523 | 561 | Klein | Wolfram | | M40 | 00:58:52 | 75 |
| 524 | 588 | Nauth | Michaela | | W1 | 00:59:12 | 37 |
| 525 | 589 | Reefschläger | Anja | | W1 | 00:59:14 | 38 |

| Platz | St-Nr | Nachname | Vorname | Verein | AK | Laufzeit | AKPlatz |
|--------------|--------------|-----------------|----------------|------------------|-----------|-----------------|----------------|
| 526 | 196 | Ruebener | Ulrike | | W50 | 00:59:15 | 12 |
| 527 | 135 | Sutor | Ursula | | W50 | 00:59:22 | 13 |
| 528 | 113 | Schmidt | Tanja | Running Gag | W30 | 00:59:27 | 20 |
| 529 | 109 | Reimer | Lutz | | M30 | 00:59:34 | 32 |
| 530 | 93 | Konrad | Nadya | | W1 | 00:59:36 | 39 |
| 531 | 220 | Karczewski | Sabine | | W50 | 01:01:19 | 14 |
| 532 | 380 | Diener | Jutta | | W45 | 01:01:22 | 28 |
| 533 | 155 | Kleinz | Werner | 1. FC Nackenheim | M50 | 01:01:49 | 47 |
| 534 | 34 | Ilie | Andreea | | W1 | 01:05:00 | 40 |